

contouring as the fat deposition is more consistent and truncal in distribution. Young patient, small body mass index, minimal comorbidities, patient's wishes, the surgeon's comfort level, and team approach to surgery are important factors in deciding whether to use single-stage correction.

References

1. Grazer FM. Abdominoplasty. In: J. G. McCarty, ed. *Plastic Surgery*. Philadelphia: Saunders; 1990: 3929–3963.

2. Rohrich RJ. Examination of the massive weight loss patient and staging considerations. *Body Contouring After Massive Weight Loss supplement. Reconstr Surg J.* 2006;117(suppl):22S–30S.

3. Rohrich RJ. Marking and operative technique for Body Contouring After Massive Weight Loss supplement. *Plast Reconstr Surg J.* 2006;117(suppl):73S.

4. Hurwitz DJ. Single-staged total body lift for massive weight loss. *Ann Plast Surg.* 2006;52:435–441.